

# Panama

One of the Jewels  
of Central America

Influence of the United States and the infamous Panama Canal provide the country with one of the most stable economies of Central America but the rich eco-adventures available combined with a cosmopolitan capital create a well-rounded vacation destination.

**total**  
T R I V A

Language:  
Spanish  
Currency:  
Balboa.  
US dollar widely accepted

Average Temperature:  
Winter: 30° Summer: 28°  
Best Buys:  
Designer clothing and purses

A "Total Must":  
Shopping for tailor-made designer  
clothing and a cruise down the  
Panama Canal!

## LE MERIDIEN PANAMA 4★



From

**\$212**

per person

**LOCATION** On the edge of the Bay of Panama overlooking the old and new quarters of the city, we're bounded by charming restaurants and vibrant nightlife, all within a few minutes to the financial centre and corporate offices.

**FACILITIES** 111 rooms, pool, restaurant, bar, fitness centre, beauty parlor, gift shop.

**ACCOMMODATION** Air-conditioned, 1 king or 2 double beds, full bathroom with tub and shower, hairdryer, cable TV, telephone, coffee maker, safety deposit box, mini-bar, balcony or patio.

## INTERCONTINENTAL PLAYA BONITA RESORT AND SPA 5★



**BONUS**

**ALL INCLUSIVE OPTION**

From

**\$138**

per person

**LOCATION** Nestled on a private beach and surrounded by tropical vegetation. 20 minutes to Panama City and 10 minutes from the airport.

**FACILITIES** 300 oceanview rooms, pool, 3 restaurants, bar, fitness centre, spa, meeting facilities, gift shop.

**ACCOMMODATION** Air-conditioned, 1 king or 2 queen beds, satellite TV, mini-bar, full bathroom with tub and shower, hairdryer.

**BONUS**

› Breakfast included daily

## CROWNE PLAZA PANAMA 4★

**BONUS**



From

**\$77**

per person

**LOCATION** In the heart of the financial district of Panama, close to shopping, dining and the attractions of the city.

**FACILITIES** 150 rooms, pool, restaurant, bar, fitness centre, meeting facilities, casino [nearby].

**ACCOMMODATION** Air-conditioned with 1 king or 2 doubles, coffee maker, mini-bar, cable TV, CD player, full bathroom, hairdryer.

**BONUS**

› Complimentary airport shuttle  
› Breakfast included daily

## INTERCONTINENTAL MIRAMAR PANAMA 4+★

**BONUS**



From

**\$98**

per person

**LOCATION** On the coast of Panama Bay, close to shopping, dining and nightlife. 25 minutes to the airport.

**FACILITIES** 206 rooms, pool, 2 restaurants, 1 bar, tennis court, beauty salon.

**ACCOMMODATION** Air-conditioned with 1 king or 2 double, cable TV, coffee maker, safety deposit box, full bathroom, bathrobes.

**BONUS**

› Breakfast included daily

## GAMBOA RAINFOREST RESORT 4+★

**BONUS**



**ALL INCLUSIVE OPTION**

- › All meals daily
- › Unlimited domestic alcoholic and non-alcoholic drinks
- › Unlimited non-motorized sports

From

**\$78**

per person

**LOCATION** On the Panama Canal in Soberania National Park nestled in the heart of the rainforest. 30 mins from Panama City and the Colon Free Zone.

**FACILITIES** 38 villas and 107 rooms, pool, 4 restaurants, 2 bars, disco, fitness centre, spa, tennis courts.

**ACCOMMODATION** Air-conditioned with queen bed, satellite TV, coffee maker, mini-bar, safety deposit box, bathroom with shower only, hairdryer.

**BONUS**

› Breakfast included daily

## HOLIDAY INN PANAMA CITY 3★

**BONUS**



From

**\$57**

per person

**LOCATION** The hotel sits at the southeast entrance to the Miraflores locks, Panama Canal. Located 35 minutes from Tocumen International Airport in the City of Knowledge [former Army Military Base of Clayton] and 15 minutes from downtown Panama City, historic sites and shopping.

**FACILITIES** 137 rooms and suites, pool, restaurant, bar, fitness centre, business centre, gift shop.

**ACCOMMODATION** Air-conditioned, 1 king bed or 2 double beds, cable TV, coffee maker, mini-bar, safety deposit box. Deluxe rooms have view of the rainforest or the Canal.

**BONUS**

› Breakfast included daily

Prices are per person per night based on double occupancy for low season and include all taxes.

Design a package to meet your travel needs by adding one of our many airline choices to your hotel. To get specific pricing for hotel, air, airport transfers or optional excursions for your travel dates, ask your travel consultant. For information on other hotels offered by Total Vacations in this destination that are not featured in this brochure visit [www.totalvacations.ca](http://www.totalvacations.ca)